Year 3 Progression map – Animals Including Humans:			
National curriculum objectives:	Scope:	Coherence:	
 identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat identify that humans and some other animals have 	 HEP science lesson titles: 1. Know how living things get energy 2. The different nutrients we need to eat 3. The food requirements for a range of 	Key vocabulary: carbohydrates, fats, protein, vitamins, minerals, fibre, obesity, starvation, collagen, exoskeleton, biceps, contract, muscle, tendon, triceps	
skeletons and muscles for support, protection and movement	 animals 4. The bones in the body 5. The structure and function of bones 	English: Comprehension, root words, explaining models	
Misconceptions:	in other animals	Maths:	
 that plants 'eat' that carnivores eat 'only' meat that all fats are 'bad' that we have 'metals' inside our bodies in the form of minerals that hibernating animals are asleep that insects are not herbivores that bones are dead that blood cells are made in the blood or heart rather than bone that many different types of animals have horns made from bone most animals are invertebrates that only mammals have muscles 	 6. How animals move using muscles Disciplinary knowledge: Predict, observe, comparative test and evaluate vitamin C experiment Predict, observe chicken bone experiment Observe animal skeleton cookie Modelling muscles and bones Key scientists and inventors: Dr Stephen Hawking 	interpreting charts, proportions and calculating amounts from food labels, sequencing (food chains) DT Food – making an animal skeleton cookie, construct an arm muscle (levers/ biomechanics)	

Builds on:	Future learning:	Further reading:
Year 2: Find out and describe the basic needs of animals for survival, describe the importance of exercise, eating the right amounts of different types of food for humans, fooding relationships	Year 6: Structure and function of circulatory system, impact of diet and exercise lifestyle on body function, nutrients and transport around the body	Why do we eat? (Usborne Beginners) Stephanie Turnbull
Year 3: simple functions of the digestive system, feeding relationships		Bones and Muscles (Your Body: Inside and Out) Angela Royston