



St Anthony of Padua Catholic Primary School Long Term Plan
Physical Education



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Myself		Communities		Introduction to PE 1	Ball Skills: Unit 1
					Fundamentals 1	Fundamentals 2
Year 1	Fundamentals	Dance	Ball Skills (LFC)	Invasion (LFC)	Target Games (LFC)	Athletics (LFC)
	Gymnastics	Mindfulness	Sending & Receiving	Team Building	Target Games	Striking & Fielding
Year 2	Fitness (LFC)	Gymnastics	Sending & Receiving (LFC)	Target games	Ball Skills (LFC)	Athletics
	Tennis (LFC)	Dance	Team Building	Invasion	Net & Wall	Striking & Fielding
Year 3	Tennis (LFC)	Mindfulness	Golf (Nike Unleashed)	(LFC) Dodgeball	Rounders	Athletics (LFC)
	Hockey (LFC)	Fundamentals (3)	Tag Rugby	OAA	Netball	Gymnastics
Year 4	Mindfulness	Gymnastics	Golf (Nike Unleashed)	Ball Skills (4)	Swimming	Cricket
	Tennis (LFC)	Football (LFC)	Dance	Basketball (LFC)	Fitness (LFC)	Athletics (LFC)
Year 5	Mindfulness	Swimming	Gymnastics	Dodgeball	Rounders	Athletics (LFC)
	Tennis (LFC)	Hockey (LFC)	Golf (Nike Unleashed)	Netball	OAA	Dance
Year 6	Swimming	Dance	Tennis (LFC)	OAA	Cricket	Swimming
	Football (LFC)	Basketball (LFC)	Golf (Nike Unleashed)	Gymnastics	Fitness	Athletics (LFC)